



**SATURDAY, DECEMBER 5 | END OF MAIN STREET | NORTHEAST HARBOR**  
*KIDS FUN RUN – 9:30AM | FROSTY 5K – 10:00AM*

### REGISTRATION FORM

**NAME:** \_\_\_\_\_ **MALE** \_\_\_ **FEMALE** \_\_\_ **AGE:** \_\_\_\_\_

**MAILING ADDRESS:** \_\_\_\_\_

**PHONE#:** \_\_\_\_\_ **EMAIL:** \_\_\_\_\_

**PLEASE CHECK ONE:** \_\_\_ 5K (\$10) \_\_\_ Kids Fun Run (FREE)

**Directions from Ellsworth/Trenton:** Follow Rt.1/Rt. 3 through Ellsworth and Trenton towards Mt. Desert Island. At head of Island, bear right onto Rt.102. After approx. 4.3 miles, turn left in Somesville traffic lights onto Rt.198. Follow Rt. 198 approx. 6.5 miles onto Main St., Northeast Harbor. The Neighborhood House is located at the end of Main Street.

**Waiver:** I know that running a road race is a potentially dangerous activity, and that I will not participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event, including but not limited to: falls, contact with other runners, the effects of the weather, traffic and road conditions, all such risks being known and appreciated by me.

Having read this waiver and knowing these facts and in consideration of my entry, I wave and release The Neighborhood House and all volunteers or sponsors for all claims or liabilities of any kind arising out of my participation in this event.

Signature (Parent if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

*You may return registration and payment the day of the race, or mail to:  
The Neighborhood House, PO Box 332, Northeast Harbor ME 04662*