



MDI Community Youth Basketball



A basketball program for 3rd through 5th grade students developed through a collaboration between Harbor House, the Neighborhood House, the MDI YMCA and Acadian Youth Sports



7 week session running December 9th through February 13th

(Sessions held on Dec 9,16 Jan 6,13,20 Feb 3,10)

Saturday skills sessions and games at the MDI High School gym 10:00–11:30am

- Each session provides 45 minutes of small group instruction coordinated by MDI High School coaching staff and local rec coaches
- Sessions follow a specific progression of activities designed to provide players with a solid foundation of fundamental basketball skills
- Saturdays conclude with 45 minutes of game play



Weekly practices with local rec coaches

- Individual recreation programs will hold weekly practices with local rec coaches
- Practice sessions will reinforce and further develop skills introduced during the previous Saturday

Questions? Want to register your child? Contact your local recreation program for further details.

**Harbor House
207-244-3713**

**www.harborhousemdi.org
suzanne@harborhousemdi.org**

**Neighborhood House
207-276-5039**

**www.theneighborhoodhouse.com
suzie@theneighborhoodhouse.com**

**MDI YMCA
207-288-3511**

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